

Summer Hill Staff

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Office Hours: 8 a.m. to 4 p.m.
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Maintenance
(201) 848-5859

Home Care Options
(973) 897-5550

**For medical emergencies or
emergency call bells, dial 911.**

Summer Hill Annual Inspections Inspections

There will be no apartment inspections in August.

Summer Hill August Extermination Schedule

- Tuesday, August 11, Building Two, Floor 3
- Tuesday, August 25, Building Two, Floor 4

A member of the Maintenance team will accompany the exterminator. Residents do not need to be present during the inspection. Apartments will not be skipped in order to ensure each unit is inspected on a quarterly basis.

If you experience a pest issue between scheduled inspections, please submit a Maintenance Work Order. Pest control services are scheduled based on the nature and severity of the issue. To protect the health and safety of all residents, the use of pesticides is kept to a minimum whenever possible. In many cases, cleaning or removing the source of the issue is sufficient to resolve the problem. The presence of a single bug does not necessarily indicate an infestation.

Event Registration

All events require registration. To register, call Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837 or drop a note in the rent box indicating what events you are interested in attending. If you register for an event and need to cancel, please call Susan as soon as possible.



Volunteer John
Smith entertained
Summer Hill
residents with
gospel country hits.



Summer Hill Highlights

August 2026

News for Summer Hill of Wayne | A Christian Health Community

Satisfaction Survey

We value your feedback! The 2026 Satisfaction Survey will be delivered to your door the week of August 16. Please complete the satisfaction survey by checking the boxes that best describe your experience at Summer Hill of Wayne. Space is available at the end of the survey for comments. Place the completed survey in the rent box by August 21.

Annual Siena Village and Summer Hill Barbecue

Wednesday, September 9, 2026

Rain Date: Thursday, September 10, 2026

Noon at Siena Village Bocce Courtyard

This event is for residents only. Live-in aides welcome if accompanied by residents. Free transportation will be provided. Details to follow. *Residents are not permitted to drive. RSVP required by Friday, August 28.



Building Inspection

The National Equity Fund is scheduled to conduct a required building inspection of Summer Hill on Tuesday, August 4, between 10 a.m. and 3 p.m. In addition to the common areas, a random selection of apartments will be selected for inspection. We are unable to give you advance notice as to whether or not your apartment will be inspected. If your apartment is selected, a member of the maintenance staff will accompany the inspector into your apartment which should last approximately 15 minutes. You are not required to be home, but should you choose to stay home, please be aware that we cannot provide you with a specific time your apartment will be inspected; therefore you should plan to be home for the entire day. If you have any questions, please contact the office at 201-848-5848.

Welcome to Summer Hill

Eileen McPartland and Salvatore Leto,
Apartment 2222

Marc Berman, Apartment 1213



Service Coordinator’s Corner

Podiatry Services with Dr. Witkin (House calls only)

Receive personalized care in the comfort of your apartment! Call Dr. Witkin to schedule your appointment at (973) 696-6677.

Rehabilitation services are available to residents at the Wyckoff campus. Free transportation is available. Services include **physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy (ST)**. For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager, at (201) 848-5915.

Mobile optometry services are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837.

Blood-Draw Clinic: Thursday, August 20 (every third Thursday of the month), at 10 a.m. in the boardroom in Summer Hill Two

The Valley Hospital holds a monthly blood-draw clinic every third Thursday. Residents must present their Medicare/insurance card and a physician’s prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. To avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

Elevator Flyers

Flyers and notices posted in the elevator are for Summer Hill announcements ONLY. Please do not remove, change, or replace our flyers with other notices. Thank you for your consideration.

Office Etiquette

We are happy to announce that Susan’s office was recently fitted with a door. Please remember these important points when working with the office staff (Laura and Isabel) and the service coordinator (Susan).

- The best way to get the help that you need or your questions answered is to set up an appointment with the staff member. This ensures that you will have sufficient time set aside to address your needs and helps create a private and professional experience. To schedule an appointment, you should call the appropriate staff member. If you need to leave a message, please provide your complete name and phone number and the reason for the call. Do not call repeatedly or leave multiple messages. We make every effort to return calls by the next business day.
- If an office door is closed, please do not yell, knock, or wait for someone to come out. The door is closed for a reason: a meeting, a phone call, training, or an appointment.
- Please give other residents the respect and privacy that you would expect. Do not hover or listen to others when they are speaking to a staff member.

Activities

Catholic Mass – The first three Wednesdays of the month at 1 p.m. in the Community Room

Faith Talk – Wednesdays at 2 p.m. in the Community Room

Card Games – 2 p.m. in the game room of Summer Hill Two, floor 4

Sing-Along With Pat – Wednesday, August 12, at 3 p.m. in the Community Room

Cornhole – Tuesday, August 18 and August 25, at 11 a.m. in the Community Room

Music with Robert – Wednesday, August 26, at 3 p.m. in the Community Room

Trivia – Thursday, August 27, at 11 a.m. in the Community Room

Special Events

Bingo With Girl Scouts – Saturday, August 1, at 1 p.m. in the Community Room

Join local Girl Scouts for a fun afternoon of bingo, prizes, and refreshments. The girls are working to earn their Silver Award. RSVP by July 29. Call Susan at 201-848-5837.

American Bandstand Part 2: “At the Hop – The Dancers” 1957 to 1964 – Tuesday, August 4, at 2 p.m. in the Community Room

Join Rick Feingold for this entertaining, nostalgic presentation featuring live performances and interviews. RSVP with Susan by July 30 at (201) 848 -5837.

Wayne Public Library Presentation – Thursday, August 6, at 2 p.m. in the Community Room

Come find out about all the great programs and offerings at the Wayne Public Library. You won't want to miss this informative event! Light refreshments will be served. RSVP with Susan by August 3.

Self-Care Bingo with Jessica – Sunday, August 9, at 1:30 p.m.

Join volunteer Jessica for a 30-minute pampering session in the café, focused on exfoliating and hydrating your hands and lips. Self-Care Bingo will follow from 2 p.m. to 3 p.m. Prizes and light refreshments will be provided. Register with Susan by July 31.

Stress Less, Smile More- Lunch and Learn with NewBridge Services – Monday, August 10, from 11 a.m. to noon.

Join Beth and Katie for another helpful and informative workshop designed to help older adults understand stress and its impact on overall health. Lunch will be served. RSVP by August 3.

“The Benefits of Breakfast” Presented by Shoprite Dietitian Kamryn – Tuesday, August 11, at 2 p.m. in the Community Room

Find out why breakfast is so important. Did you know that a healthy breakfast promotes physical and mental well-being? Recipes and samples will be available to all participants. Register with Susan by August 4.

Afternoon at the Movies: “Divine Secrets of the Ya-Ya Sisterhood” – Thursday, August 13, at 2 p.m.

This classic Southern tale set in a sleepy Louisiana parish is about a group of lifelong friends who stage a rather unorthodox intervention to help a young playwright unravel the truth about her complicated, eccentric mother, find forgiveness and acceptance, and let go of her painful past. **Popcorn will be provided.**

Musical Performance with Ed Alstrom – Thursday, August 20, at 2 p.m. in the Community Room

Another great musical performance by Ed Alstrom will feature hits from the 1950s to the 1970s. RSVP by August 13.

Stay Safe: Give Bears Their Space

If you see a bear, especially one with cubs, keep your distance. Don't approach, don't try to feed them, and definitely don't try to get a photo.

DON'T

- Do not feed bears.
- Do not approach bears, especially feeding bears, who will aggressively defend their food.
- Do not run from bears. Running may trigger a chase response.
- Do not make direct eye contact. Bears may perceive this as a challenge.

DO

- Remain calm and slowly back away. Make the bear aware of you.
- Be loud: speak in an assertive voice, yell, sing, or clap your hands. If available, bang pots and pans or use an airhorn.
- Make yourself look big. Wave your arms. Hold your jacket above your head.
- Make sure the bear has an escape route. If a bear enters your home, prop all the doors open.
- If the bear doesn't leave, move to a secure area.
- The bear may utter a series of huffs, make popping sounds by snapping its jaws, and swat the ground. These are warning signs. Slowly back away, avoid direct eye contact, and do not run.
- If a bear stands on its hind legs or moves closer, it may be trying to get a better view or detect scents in the air. It is usually not a threatening behavior.
- Black bears will sometimes "bluff charge" when cornered, threatened, or attempting to steal food. Stand your ground, avoid direct eye contact, then slowly back away and do not run.
- Black bear attacks are extremely rare. If a black bear does attack, fight back! Aim for the snout and/or eyes. Use anything at hand: (knife, sticks, rocks, binoculars, or backpack or kick the bear).

Report black bear damage or nuisance behavior to the DEP's 24-hour, toll-free hotline at 1-877-WARN DEP (1-877-927-6337). If you are in immediate danger, please call 911.

Anonymous Notes to Staff

Please do not send unsigned letters or complaints to the office staff, Laura, or any member of Christian Health. We are unable to investigate or address anonymous concerns because we cannot follow up or provide updates without knowing who submitted them. If you have a concern or would like to discuss an issue, we encourage you to contact the appropriate staff member to schedule a private meeting or phone call. This allows us to better understand your concerns, work toward a resolution, and keep you informed throughout the process.

Faith Talk

Greetings, Summer Hill residents! You're invited to Faith Talk on Wednesdays at 2 p.m. in the Community Room with Rev. Anthony Matias, Chaplain for Christian Health. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations.

Be Prepared for Summer Weather Emergencies

Natural disasters and storms may force you to shelter in place at short notice. It is important to know what to do in case of an emergency well before disaster strikes. As an older adult living in a community, you may face some challenges during an emergency. For example, you may have mobility issues or health issues, or you may not have friends or family nearby to assist you. Support that is usually available, such as home health care or food delivery, may be unavailable for an extended amount of time. You can be better prepared for emergency situations by creating a plan, reviewing it, and keeping an emergency supply kit.

Creating a Plan

- Choose a contact person who will check on you during a disaster and decide how you will communicate (for example, by telephone or knocking on doors). Consider developing a check-in system together.
- Create a list of contact information for family and friends. Leave a copy by your phone and in your emergency supply kit.

Creating an Emergency Supply Kit

- At least a three-day supply of nonperishable food, water, and other items, including medications (If medications must stay cool, have a cooler and ice packs available.)
- ID band/medical bracelet (Full name, contact number for family/caregiver, medical conditions and allergies)
- Hearing aids and extra batteries
- Glasses, contacts, and extra contact solution
- Medical supplies, including syringes and batteries
- Back-up oxygen tanks
- Battery-powered radio, alarm clock, flashlights, and extra batteries
- First-aid kit with basic supplies
- At least three days of pet food and supplies on hand if you are a pet owner

Documents

- *File of Life, or contact information for family members, list of medical conditions, doctor information, and pharmacies
- List of medications and dosage
- Copy of medical insurance cards, photo ID, and durable power of attorney/medical power of attorney documents

Prepare for Power Outages

- Charge your phones, tablets, power backups, and other mobile devices.
- If you have a landline, ensure you have a corded phone. Cordless phones won't work when the power is out.

You can deal with disaster better by preparing in advance and by working with those in your support network – your family, neighbors, and friends – as a team. Knowing what to do is your responsibility and allows you some control over the situation. **No power? Don't assume someone else has reported it. Call 1 800-436 -7734, text OUT to 4PSEG, or report it online.**



August 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Girl Scout Bingo, 1:00 p.m. Community Room
2 	3 Bingo 2 p.m. Community Room	4 American Bandstand Part 2 2 p.m. Community Room	5 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	6 Wayne Library Presentation 2 p.m. Community Room	7 Bingo 2 p.m. Community Room	8 Bingo 2 p.m. Community Room Resident Saturday Social 6:30 p.m. Community Room
9 Self Care Bingo Self care 1:30 café, Bingo - 2 p.m. Community Room	10 Stress Lunch and Learn 11 a.m. Community Room Bingo 2 p.m. Community Room	11 The Benefits of Breakfast with Shoprite Dietitian 2 p.m. Community Room	12 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room Sing A Long 3 p.m. Community Room	13 Afternoon at the Movies 2p.m. Community Room	14 Bingo 2 p.m. Community Room	15 Bingo 2 p.m. Community Room Resident Saturday Social 6:30 p.m. Community Room
16	17 Bingo 2 p.m. Community Room	18 Cornhole 11 a.m. Community Room	19 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	20 Blood Draw 10 a.m. Boardroom, Building 2 Music—Ed Alstrom 2 p.m.. Community Room	21 Bingo 2 p.m. Community Room	22 Bingo 2 p.m. Community Room Resident Saturday Social 6:30 p.m. Community Room
23 	24 Bingo 2 p.m. Community Room	25 Cornhole 11 a.m. Community Room	26 Faith Talk 2 p.m. Community Room Music with Robert 3 p.m. Community Room	27 Trivia 11 a.m. Community Room	28 Bingo 2 p.m. Community Room	29 Bingo 2 p.m. Community Room Resident Saturday Social 6:30 p.m. Community Room
30	31 Bingo 2 p.m. Community Room					